



The Ugly Truth

Let's face it! Both men and women are equally nervous yet hoping for some magic to happen. Irrespective of your individual expectations, the underlying hope is to have a good time with your spouse, partner, date etc.

Although you'd like to act around with an expression that reads "Dude, she's not my style", deep down there is an inquisitive tiny voice murmuring "Dude, what if I am not her style?" Truth is, we are all afraid of rejections and we end up having high expectations only to avoid hearing a big NO.

Young Love

Enough said about what lies beneath; let's learn to run the show.

In the early stages of dating, things are mostly in extremes. Either you are too critical or too mushy and "in love". A word of caution to the formers – being

judgmental won't take you anywhere. You too are subjected to scrutiny and mind you, it isn't pleasant. You need to be careful, but don't protect yourself too much. Live a little, loosen up and let in some romance, for you never know what lies ahead in the future. The latter should learn to take time to understand the person and not jump the guns. May be this Valentines both the parties could chuck the age-old style of dating and go do something adventures.

Blooming Love

Those of you who are too in love to let it go, this Valentines is just the right time to introspect as to where is the relationship heading. Instead of having unearthly expectations, try seeing what the relationship has given you. Valentine's Day is just a date in the calendar... you could well turn each day into one. Chocolates, diamonds and perfumes are a hit... but Love conquers all!

Last but not the least or shall we say the lonely hearts... Valentines is about love. Nobody confined it to just a relationship between a man and a woman. You can love your books, your music, your pots and plants and most importantly YOURSELF. Let them "much in love" flaunt all they want, you have the power of singlehood in your hands... and we all know how the couplets yearn for it! Go splurge on yourself and get acquainted with a new quality in you.

Here's some wisdom to chew on: While you summersault into that warm sea of love, try not to be engulfed by the whirlpool of expectations.



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